

ABSTRAK

Adib Lazwar Irkhani. K4614004. **OPTIMALISASI PENGGUNAAN ALAT BANTU PEMBELAJARAN UNTUK MENINGKATKAN HASIL BELAJAR *LONG PASSING* DAN *HEADING* SISWA KELAS XI TP 2 SMK MUHAMMADIYAH 1 GONDANGREJO KABUPATEN KARANGANYAR TAHUN PELAJARAN 2017/2018**. Skripsi, Surakarta: Fakultas Keguruan dan Ilmu Pendidikan Universitas Sebelas Maret Surakarta, Agustus 2018.

Penelitian ini bertujuan untuk meningkatkan hasil belajar teknik dasar *long passing* dan *heading* Siswa Kelas XI TP 2 SMK Muhammadiyah 1 Gondangrejo Kabupaten Karanganyar Tahun Pelajaran 2017/2018.

Penelitian ini merupakan Penelitian Tindakan Kelas (PTK). Penelitian ini dilaksanakan dalam dua siklus, dengan setiap siklus terdiri atas perencanaan, pelaksanaan tindakan, observasi, dan refleksi. Subyek penelitian adalah siswa kelas XI TP 2 SMK Muhammadiyah 1 Gondangrejo yang berjumlah 39 siswa terdiri dari 39 siswa putra. Sumber data dalam penelitian ini berasal dari siswa, guru dan peneliti. Teknik pengumpulan data adalah dengan tes, observasi, dan dokumentasi foto. Validitas data menggunakan teknik triangulasi data. Analisis data menggunakan teknik analisis deskriptif kualitatif dengan teknik persentase.

Hasil analisis menunjukkan adanya peningkatan hasil belajar *long passing* dan *heading* dari Pra Tindakan ke Siklus I dan dari Siklus I ke Siklus II. Hal ini dapat dilihat dari pencapaian hasil belajar Pra Tindakan hasil belajar pengetahuan dan keterampilan *long passing* dan *heading* siswa yang tuntas sebesar 33,33% dan tidak tuntas sebesar 66,67% dengan rincian jumlah siswa yang tuntas adalah 13 siswa dan tidak tuntas adalah 26 siswa. Pada siklus I siswa yang tuntas hasil belajar pengetahuan sebesar 66,67% atau 26 siswa dan siswa yang tuntas hasil belajar keterampilan adalah 64,10 % atau 25 siswa dari 39 siswa. Sedangkan pada Siklus II siswa yang tuntas hasil belajar pengetahuan mencapai 92,31 % atau 36 siswa dan 34 siswa atau 87,18% tuntas dalam hasil belajar keterampilan.

Berdasarkan dari hasil penelitian diperoleh kesimpulan bahwa: Penggunaan alat bantu pembelajaran dapat meningkatkan hasil belajar *long passing* dan *heading* siswa kelas XI TP 2 SMK Muhammadiyah 1 Gondangrejo tahun pelajaran 2017/2018.

Kata Kunci: Hasil Belajar, *Long Passing* dan *Heading*, Alat Bantu Pembelajaran.

ABSTRACT

Adib Lazwar Irkhani. K4614004. **OPTIMIZING THE USE OF LEARNING AIDS TO IMPROVE THE LEARNING OUTCOMES OF LONG PASSING AND HEADING FOR THE ELEVENTH GRADE STUDENTS OF MECHANICAL ENGINEERING 2 IN SMK MUHAMMADIYAH 1 GONDANGREJO IN THE ACADEMIC YEAR OF 2017/2018.** Thesis, Surakarta: Education and Teaching Training Faculty. Sebelas Maret University of Surakarta, August 2018.

The aim of the research is to improve the learning outcomes of basic technique of long passing and heading for the eleventh grade students of mechanical engineering 2 in SMK Muhammadiyah 1 Gondangrejo, Karanganyar in the academic year of 2017/2018.

The design of this research was Classroom Action Research (CAR). This research was conducted in two cycles; every cycle consisted of four stages, namely planning, action, observation and reflection. The subject of the research was the eleventh grade students of mechanical engineering 2 in SMK Muhammadiyah 1 Gondangrejo consisted of 39 students and all of the students were men. The instruments used in collecting the data were test, observation, and documentation. The data resources of this research were collected from the students, the teacher, and the researcher. The technique used to know the validity of the data was triangulation technique and the technique used to analyze the data was qualitative descriptive using percentage technique.

The result of the analyzing the data showed that there was an improvement of learning outcome of long passing and heading technique from the pre-action on the cycle I and from the cycle I to cycle II. The result of knowledge and skill from the students of long passing and heading could be seen from the result learning achievement on the pre-action were 33,33% and 66,67% failed with 13 students were completed and 26 students were failed. On the cycle I, the completed students of knowledge were 66,67% or 26 students and the students who had completed of skill were 64,10% or 25 students from 39 students. On the cycle II, the students who had completed of the knowledge about long passing and heading were 92,31% or 36 students and there were 34 students or 87,18% had been completed on their skill of long passing and heading technique.

Based on the result of the research, it could be concluded that the use of learning aids could improve the learning outcomes of long passing and heading for

the eleventh grade students of mechanical engineering 2 in SMK Muhammadiyah 1 Gondangrejo, Karanganyar in the academic year of 2017/2018.

Keywords: *Learning outcome, long passing and heading, learning aids.*