ABSTRACT

Singgih Harits Pratama (K3114045). THE EFFECTIVENESS OF SELF REGULATED LEARNING TECHNIQUE TO IMPROVE CAREER PLANNING OF THE XI CLASS STUDENTS OF SMK NEGERI 1 MIRI. Thesis. Teacher Training and Education Faculty of Sebelas Maret University. October. 2018

The purpose of the research was to test the effectiveness of self regulated learning technique to improve the career planning of XI Class students of SMK Negeri 1 Miri. This research was Quasi Experimental Design Research with the plan of Non Equivalent Control Group Design; which consists of experiment group and control group. The research subjects of each Experiment Group and Control Group amounted to 15 students chosen by purposive sampling technique. The data collecting technique used career planning questionnaire. The data analysis conducted in the research was used mann whitney with the help of SPSS20.

Based on analysis result, it could be concluded that Mann Whitney U test result was 40.500 with the significance of 0.003. The significance value was below 0.05, so there are difference about career planning between experiment group and control group after being given the treatment. Therefore, it could be concluded that that self regulated learning technique was effective to improve the career planning of XI Class students of SMK Negeri 1 Miri.

The conclusion of the research is that self regulated learning technique was effective to improve the career planning of XI Class students of SMK Negeri 1 Miri.

Key words: self regulated learning, career, planning